

# Training Memo:

## 2020 AHA Accelerated HeartCode® BLS Agendas



<b>Date of Release</b>	<b>January 26, 2023</b>
<b>Purpose</b>	To provide direction and information on accelerated agenda options for the AHA 2020 Guidelines HeartCode Basic Life Support (BLS) Course for providers who need to complete renewal BLS training.
<b>General Information</b>	The AHA has developed HeartCode BLS Accelerated Agendas, recognizing that many students who complete the online portion of HeartCode BLS blended learning come to the hands-on skills session with some level of competency and can demonstrate mastery of high-quality CPR skills.
<b>Course Information for Training Centers and Instructors</b>	<ul style="list-style-type: none"> <li>• The accelerated HeartCode BLS Course is only intended for providers who are experienced in the skills of basic life support, are renewing their AHA BLS course completion card, and have successfully completed the online portion of HeartCode BLS.</li> <li>• Use of a feedback device or manikin is required for the accelerated HeartCode BLS Course to ensure high-quality CPR with the direct assessment of a student’s performance of skills.</li> <li>• BLS Instructors should be familiar with all remediation best practices found in “Part 4: Testing and Remediation” of the BLS Instructor Manual. Informal and formal remediation are critical to student success in the accelerated HeartCode BLS Course.</li> <li>• All remaining precourse requirements must be followed before teaching this course, per the Precourse Lesson Plan found in “Part 6: HeartCode BLS Lesson Plans” of the BLS Instructor Manual.</li> <li>• There are 2 sample agendas available on the AHA Instructor Network for BLS Instructors leading the accelerated hands-on session of the HeartCode BLS Course. BLS Instructors must review the following agendas prior to teaching:             <ul style="list-style-type: none"> <li>○ HeartCode BLS Accelerated Agenda With Optional Lessons (3 students, 1 BLS Instructor; student-Instructor ratio 3:1; student-manikin ratio 3:1)</li> <li>○ HeartCode BLS Accelerated Agenda Without Optional Lessons (3 students, 1 BLS Instructor; student-Instructor ratio 3:1; student-manikin ratio 1:1)</li> </ul> </li> <li>• The Lessons Plans coordinate with the existing HeartCode Lesson Plans found in “Part 6: HeartCode BLS Lesson Plans” of the BLS Instructor Manual.</li> </ul>